

Case Studies of Digital Privacy Breaches and Lessons Learned

Protecting yourself from digital privacy breaches

- 1 Enable two-factor authentication on every password-protected account immediately.
- 2 Remove your personal data from data broker sites using DeleteMe or OneRep.
- 3 Set up Google Alerts for your name and address to catch leaks early.
- 4 Store backups offline and separate from your main network systems.
- 5 Use immutable cloud backups like Wasabi for ransomware protection.
- 6 Audit app permissions monthly using Jumbo or AppCensus.
- 7 Delete apps and games that request unnecessary or suspicious permissions.
- 8 Run monthly phishing simulations with KnowBe4 or Hoxhunt for staff training.
- 9 Register your email with Have I Been Pwned for breach notifications.
- 10 Use a VPN like ProtonVPN or Mullvad on all public Wi-Fi connections.
- 11 Avoid sending sensitive data over public or untrusted Wi-Fi networks.
- 12 Verify all IT requests through official channels before sharing login credentials.